



**REQUEST FOR RESTRICTION OF USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION (PHI)**

**I understand that I have the right to request restriction(s) as to how my PHI may be used and/or disclosed to carry out treatment, payment, or health care operations, or disclosed to family members and others involved in my care. I understand:**

- Tryon Medical Partners may **not** be required to agree to the restriction(s) requested.
- Even if my request for restriction is denied, I will generally have an opportunity to agree or object prior to disclosures to persons involved in my care.
- If Tryon Medical Partners agrees to a requested restriction, it will be binding for current specific encounter(s) and for future treatment, payment, or business operations.
- **In the event of emergency situations, restriction agreements will not apply.**

**To submit:** (1) Return form to your Tryon doctor’s office, (2) submit via the patient portal, (3) fax to 980-237-4974, or (4) mail to: Privacy Officer, Tryon Management Group, 5960 Fairview Road, Suite 500, Charlotte, NC 28210.

**You may expect to receive a response to your request within 60 days of our receipt of this form.**

**Patient Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**PLEASE SPECIFY REQUEST:**

I request to restrict use and disclosure of my information for the treatment, payment, or operations related purpose described here: \_\_\_\_\_

I request to restrict use and disclosure of my information to the following person or entity (provide name of person & relationship, or entity name): \_\_\_\_\_

I am requesting that a prior, agreed upon restriction, be discontinued (describe prior restriction request and approximate timeframe it was submitted): \_\_\_\_\_

**I understand that completion of this form does not mean this request has been accepted. This request will be reviewed by Tryon’s Privacy Compliance Office, and I will be informed if this request is accepted.**

**SIGNATURE**

\_\_\_\_\_  
Signature of Patient or Authorized Representative\*\* Date

If not patient, please indicate relationship: \_\_\_\_\_

\*\* Must provide proof of legal authority (except parent of minor)

**For Privacy Compliance Office Use Only:**  
 ACCEPTED  DENIED Comment: \_\_\_\_\_

\_\_\_\_\_  
Signature of Patient or Authorized Representative\*\* Date